



# Social Work International Conference (SWIC)

4<sup>th</sup> Edition

## *The Place and Role of Social Work in the 2020s and Beyond*

NOVEMBER 7<sup>th</sup> -8<sup>th</sup>, 2019, BUCHAREST

**Thursday, November 7<sup>th</sup>**

### **9.00-11.00 PARALLEL WORKSHOPS**

- *The individualized intervention in the assistance of human trafficking victims*  
*Alexandra Mitroi, ADPARE – the Association for the Development of Alternative Practices of Reintegration and Education.*  
– *Council Room (Ground floor)*
- *Art-therapy in Autistic Spectrum Disorders*  
*Dr. Naiana Vatavu, PhD., National University of Arts Bucharest, SPER Institute*  
- *Room 105 (Ground floor)*

### **11.00-11.15 BREAK**

### **11.15-13.15 PARALLEL WORKSHOPS**

- *Emotional abuse of the child in conflict divorce*  
*Geanina Cucu Ciuhani, PhD., University of Pitesti, Romania (In Romanian)*  
– *Amphitheatre 103 (Ground floor)*
- *The genogram: a social work assessment tool*  
*Kathrin Franziska Beck, University of Eastern Finland, Faculty of Social Sciences and Business Studies (In English)*  
– *Room 105 (Ground floor)*
- *Social work and Neurofeedback: Applications in working with drug users*  
*Daniela Gaba, PhD., University of Bucharest, Faculty of Sociology and Social Work; Neurofeedback Romania.*  
*Aida Ivan, Psychotherapist, neurotherapist, collaborator Neurofeedback Romania.*  
– *Council Room (Ground floor)*



### **13.15-14.00 REGISTRATION OF PARTICIPANTS**

#### **COFFEE BREAK**

### **14.00- 15.00 THE OFFICIAL CONFERENCE OPENING CEREMONY [plenum, amphitheatre]**

**Prof. Marian Preda, Ph.D.**, President of the Senate, University of Bucharest, President of SWIC 2019  
**Prof. Romiță Iucu, Ph.D.**, Vice-rector of the University of Bucharest  
**Ms. Elena Dobre**, Director, Social Services Policies Directorate, Ministry of Labor and Social Justice, Romania  
**Prof. Darie Cristea, Ph.D.**, Vice-Dean, Faculty of Sociology and Social Work, University of Bucharest  
**Assoc. Prof. Adrian Dan, Ph.D.**, Head of Social Work Department, Faculty of Sociology and Social Work, University of Bucharest, Vice-President of SWIC 2019

#### **ARTISTIC MOMENT**

### **15.00-16.30 PUBLIC LECTURE [plenum, amphitheatre 103]**

#### **Darja Zaviršek, PhD., Professor of Social Work**

University of Ljubljana, Faculty of Social Work || Chair of the Department of social justice and inclusion in the area of disability, gender and ethnicity || Programme Director of Indosow-International Doctoral Programme in Social Work and Social Policy || Honorary Professor at the Alice Salomon University of Applied Social Sciences in Berlin || President of the East European Regional Association of Schools of Social Work

#### **“The importance of social work research in strengthening social work profession”**

### **16.30-17.00 COFFEE BREAK**

### **17.00-18.45 PAPER PRESENTATIONS [parallel sessions]**

#### **SESSION 1**

##### **The place and role of social work education in the 2020s and beyond**

<b>17.00-18.45</b>	<i>Council Room, ground floor</i>	Thursday, November 7 <sup>th</sup>
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Chair: **Mihai-Bogdan Iovu**

1. Connecting Schools of Social Work in Canada and the US on Asset Map: Can European Schools of Social Work be mapped by the year 2020?

**Oleksandr Kondrashov** - Thompson Rivers University, Canada

2. Building a Professional Social Work Education in Vietnam: Issues to Meet Social Needs

**Quoc Phuong Nguyen** - University of Bucharest, Romania

**Kim Dung Le** - University of Bucharest, Romania



**3. The place and role of social work education in Sri Lanka**

Shamini Attanayake - *National Institute of Social Development, Sri Lanka*

**4. Social Work and the art of co-creation, teaching on deep sustainable change in a neoliberalism's world order**

Jos Pauwels - *Artesis Plantijn University College Antwerp, Belgium*

**5. Child abandonment and migration - Romanian study**

Popescu Rebeca - *University of Bucharest, Romania*

**6. Approach to school inclusion from a psycho-social perspective**

Gabriela Neagu - *Research Institute for Quality of Life, Romanian Academy, Romania*

Gheorghita Nistor - *University of Bucharest, Romania*

**The place and role of social work research in the 2020s and beyond**

**17.00-18.45** *Amphitheatre 103, ground floor* Thursday, November 7<sup>th</sup>

Chair: **Mălina Voicu**

**1. Import of solidarity. Does Romania change due to migration of its citizens**

Bogdan Voicu - *Research Institute for Quality of Life, Romanian Academy, Romania*

**2. Strategic planning for the development of the public social work sector**

Daniel Arpinte - *Research Institute for Quality of Life, Romanian Academy, Romania*

**3. The impact of demographic challenges on Romanian social policies**

Simona Maria Stănescu - *Research Institute for Quality of Life, Romanian Academy, Romania*

**4. Romanian disability statistics: the relationship between self-rated hearing and memory**

Corina Ilinca - *University of Bucharest, Romania*

Stephen J. Cutler - *University of Vermont, Vermont, USA*

**5. Occupational medicine: the incidence and prevalence of morbidity and disability through occupational diseases in Romania 2013-2018**

Adrian Dan - *University of Bucharest, Romania*

Ana Cernamoriți - *National Institute for Medical Expertise and Work Capacity Recovery (INEMRCM), Romania*

**19.00-19.15 CLOSING SESSION FIRST DAY [plenum, amphitheatre]**

**19.15-20.15 CONFERENCE DINNER**



## Friday, November 8<sup>th</sup>

### 9.00-10.45 PAPER PRESENTATIONS [parallel sessions]

#### SESSION 2

##### **The place and role of social work research and practice in the 2020s and beyond**

<b>9.00-10.45</b>	<i>Amphitheatre 103, ground floor</i>	<b>Friday, November 8<sup>th</sup></b>
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Chair: **Simona Maria Stănescu**

#### 1. Fulfilling children rights: access of children from single-parent families to public social services

**Roxana Andreea Marin** - *University of Bucharest, Romania*  
**Marina-Crina Mureşanu**  
**Bogdan Severică Oiță** - *Social Work General Directorate of Bucharest Municipality*

#### 2. Using ethnographic research in social work practice to explore moments of resistance to marketization and neo-liberalism

**Darren Hill** - *Leeds Beckett University, UK*

#### 3. Measuring the impact of a social enterprise - Case study CONCORDIA Bakery, Romania

**Irina-Sinziana Opincaru** - *University of Bucharest, CONCORDIA Humanitarian Organisation, Romania*  
**Doina Crângășu** - *CONCORDIA Humanitarian Organisation, Romania*

#### 4. "Assist yourself!" Bottom-up social assistance or social entrepreneurship?

**Cătălin Berescu** - *Research Institute for Quality of Life, Romanian Academy, Romania*

#### 5. Active aging: conceptual framework and measurement model

**Mălina Voicu** - *Research Institute for Quality of Life, Romanian Academy, Romania*  
**Mădălina Manea** - *Research Institute for Quality of Life, Romanian Academy, University of Bucharest, Romania*

#### 6. The effect of perceived social support on internet addiction in university students: A sample from Turkey

**Orhan Kocak** - *Istanbul University Cerrahpasa, Istanbul, Turkey*  
**Merve Kaya** - *Istanbul University Cerrahpasa, Istanbul, Turkey*  
**Yavuz Aslan** - *Istanbul University Cerrahpasa, Istanbul, Turkey*  
**Osman Akay** - *Istanbul University Cerrahpasa, Istanbul, Turkey*



**The place and role of social work practice in the 2020s and beyond**

<b>9.00-10.45</b>	<i>Council Room, ground floor</i>	<b>Friday, November 8<sup>th</sup></b>
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Chair: **Oleksandr Kondrashov**

**1. Characteristics of suicides by inmates in Romania**

**Ioana Morar** - *National Administration of Penitentiaries, Romania*

**Mihai-Bogdan Iovu** - *Babeș-Bolyai University Cluj-Napoca, Romania*

**2. People experiencing flooding: perceptions on loss in rural Romania**

**Anca Mihai** - *University of Bucharest, Romania*

**3. Debt problems and detrimental alcohol-related outcomes: a nationwide register-based follow-up study**

**Yerko Rojas** - *Södertörn university, Sweden*

**Per Carlson** - *Södertörn university, Sweden*

**4. The counselling role of the clinical social worker in practice with multi-stressed families**

**Elena-Iulia Mardare** - *University of Bucharest, Romania*

**5. The social partnership between decision, action and mediations: the strategic role of the social worker**

**Francesca Pia Scardigno** - *University G. d'Annunzio Chieti-Pescara, Italy*

**6. What do brainwaves have to do with it? Connecting Social Work to Neuroscience and Technology through Neurofeedback**

**Daniela Gaba** - *University of Bucharest, Romania*

**10.45-11.00 COFFEE BREAK**

**11.00-12.00 PUBLIC LECTURE [plenum, amphitheatre 103]**

**Judith Metz, Ph.D., Professor of Urban Youth Work**

*School of Social Work and Law, Amsterdam University of Applied Sciences || Head of the Youth Spot Research Group || Chair of the European Social Work Research Association (ESWRA)*

**“Living labs as spaces for knowledge production, education and practice innovation”**

**12.00-13.30 LUNCH BREAK**



## **12.00-13.30 POSTER PRESENTATIONS – MAIN HALL**

### **Loneliness, between helplessness and indifference: a worrying phenomenon in UPU-SMURD Brasov**

**Irina Benedek** - *Accidents & Emergency Department of the County Hospital of Brasov (UPU-SMURD Brasov), Romania*

**Monica Bratu** - *Accidents & Emergency Department of the County Hospital of Brasov (UPU-SMURD Brasov), Romania*

### **Social work in digital era: practices and perspectives of Romanian professionals**

**Oana-Elena Rădăcină** - *Lucian Blaga University of Sibiu, Romania*

## **13.30-15.45 PAPER PRESENTATIONS [parallel sessions]**

### **SESSION 3**

#### **The place and role of social work practice in the 2020s and beyond**

<b>13.30-15.45</b>	<i>Amphitheatre 103, ground floor</i>	<b>Friday, November 8<sup>th</sup></b>
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**Chair: Bogdan Voicu**

#### **1. Social work education in digital era**

**Ana-Maria Dumitrescu** - *University of Pitești, Romania*

#### **2. Perceptions and attitudes about labor market integration of Social Work students**

**Florina-Loredana Demian** - *Babes-Bolyai University, Cluj-Napoca, Romania*

#### **3. Mediating the national and cross-border family conflicts. Case Studies**

**Claudia Constantinescu** - *University of Bucharest, Romania*

**Liliana Ștefan** - *Mediation Office, Iași, Romania*

#### **4. Pushed to the wet side of town: How public “tolerance” creates vulnerability among segregated Roma groups**

**Anca Mihai** - *University of Bucharest, Romania*

**Filip Alexandrescu** - *Research Institute for Quality of Life, Bucharest, Romania*

**Ionuț-Marian Anghel** - *Research Institute for Quality of Life, Bucharest, Romania*

**Lucrina Ștefănescu** - *Babeș-Bolyai University, Cluj Napoca, Romania*

**Alina Pop** - *Dimitrie Cantemir University, Bucharest, Romania*

**Julia Adorjani** - *Babeș-Bolyai University, Cluj Napoca, Romania*

#### **5. Psychosocial factors that influence the process of commitment within Alcoholics Anonymous support groups**

**Adriana Lavinia Bulumac** - *University of Bucharest, Romania*

#### **6. The role of social workers in socializing preschool children**

**Alina Maria Breaz** - *Aurel Vlaicu University, Arad, Romania*



**The place and role of social work practice in the 2020s and beyond**

<b>13.30-15.45</b>	<i>Council Room, ground floor</i>	Friday, November 8 <sup>th</sup>
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Chair: **Sorina Dumitrache**

- 1. The role of social philanthropic activity of the Romanian Orthodox Church in the social rehabilitation of inmates**  
**George Cosmin Butură** - *C.R.I.A.P.D. Berceni, Romania*
- 2. The impact of social assistance programs on conflict resolution skills for persons deprived of liberty**  
**Adrian Draghia** - *Jilava Penitentiary, Romania*
- 3. Theater-therapeutic method for developing social skills to inmates**  
**Magdalena Butură** - *Jilava Penitentiary, Romania*
- 4. Family and spiritual resources-motivating factors in the process of reintegration of prisoners**  
**Nadia David** - *Jilava Penitentiary, Romania*
- 5. The Impact of the Therapeutic Community Program on the Inmates Known with a History of Consumption of Drugs in the Bucharest-Jilava Penitentiary**  
**Antoanelia-Cristina Teoroc** - *Jilava Penitentiary, University of Bucharest, Romania*

**15.45-16.00 COFFEE BREAK**

**16.00-17.45 PAPER PRESENTATIONS [parallel sessions]**

**SESSION 4**

**The place and role of social work research and practice in the 2020s and beyond**

<b>16.00-17.45</b>	<i>Amphitheatre 103, ground floor</i>	Friday, November 8 <sup>th</sup>
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Chair: **Daren Hill**

- 1. Challenges in Social Work Students` Practice**  
**Baciu Cristina** - *Babes-Bolyai University, Cluj-Napoca, Romania*
- 2. Experiencing mourning as a task area for a social worker**  
**Justyna Kurtyka-Chałas** - *Cardinal Stefan Wyszyński University, Warsaw, Poland*
- 3. Rewriting manhood through illness**  
**Liora Gov Ari-de vries** - *Hematological daycare department Sha'are Zedek medical*



*center, Israel*

**4. Access of Moldovan citizens to social education in Romania**

*Răducu Razvan Dobre - University of Pitești, Romania*

**5. Shortcomings and benefits of social work practice: Romanian social workers' perceptions**

*Florin Lazăr - University of Bucharest, Romania*

*Georgiana-Cristina Rentea - University of Bucharest, Romania*

*Daniela Gaba - University of Bucharest, Romania*

*Anca Mihai - University of Bucharest, Romania*

*Alexandra Ciocănel - University of Bucharest, Romania*

*Shari Munch - Rutgers-State University of New Jersey, USA*

**6. The importance of social work services in CSEIs in the context of inclusive schools**

*Alina Simona Hoară - University of Bucharest, Romania*

**The place and role of social work practice in the 2020s and beyond**

<b>16.00-17.45</b>	<i>Council Room, ground floor</i>	Thursday, November 8 <sup>nd</sup>
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**Chair: Nadia David**

**1. The role of the social worker in maintaining the connection between inmates parents and their institutionalized children, in the Bucharest-Jilava Penitentiary**

*Ana-Maria Tuinea - Jilava Penitentiary, Romania*

**2. The social worker - the link between the prison environment and the NGOs destined for social reintegration**

*Claudiu Razvan Zaharia - Jilava Penitentiary, Romania*

*Urziceanu Miruna - Jilava Penitentiary, Romania*

**3. Psychosocial assistance in the penitentiary environment, a real challenge - practical presentation**

*Ion-Daniel Zaharia - Jilava Penitentiary, Romania*

*Elena Narcisa Deaconu - Jilava Penitentiary, Romania*

**4. Crime and new forms of manifestation among minors**

*Irina Stan - Jilava Penitentiary, Romania*

**17.45-18.00 CONFERENCE CLOSING SESSION [plenum, amphitheatre]**



## KEYNOTE SPEAKERS

### *Dr. Darja Zaviršek*



Darja Zaviršek, Ph.D. is Professor at the University of Ljubljana, Faculty of Social Work, where she is Chair of the Department of social justice and inclusion in the area of disability, gender and ethnicity and Programme Director of Indosow-International doctoral programme in social work and social policy. Dr. Zaviršek is Honorary Professor at the Alice Salomon University of Applied Social Sciences in Berlin. She is also President of the East European Regional Association of the Schools of Social Work and former Chair of the International Project Committee and Katherine Kendal Award.

Dr. Zaviršek is a member of the International Advisory Boards of several journals (International Social Work, International Journal of Social Welfare, Social Policy Journal). Her main interest areas include: disability studies, gender studies, diversity studies in social work, qualitative critical social work methods, and history of social work. Among her current activities are: teaching at different universities in the western and Eastern Europe, research on social parenthood, international adoptions, disability rights, and women's violence.

### *Dr. Judith Metz*



Judith Metz, Ph.D. is Professor of Urban Youth Work within the School of Social Work and Law at Amsterdam University of Applied Sciences and Chair of the European Social Work Research Association (ESWRA). At Amsterdam University of Applied Sciences, Dr. Metz is heading the Youth Spot Research Group since 2010. The Research Group researches how young people can be encouraged to participate in the community at a time in which tolerance, space, resources and opportunities for young people are on the decline. Within the broad field of welfare and participation, Dr. Metz focuses on youth work, welfare, professionalisation and civil society. She uses her knowledge on participation issues and exclusion processes to contribute to the

further professionalisation of youth work. Dr. Metz studied Women's Studies and Interdisciplinary Social Sciences at the Radboud University. Dr. Metz published various books, articles and reports on professionalization issues within the field of social work, social policy, practice research and youth work methods such as open youth work, detached youth work, individual support and social group work. Her recent books include: "Welzijn in de 21ste eeuw" (Welfare in the 21st century) (2011), "Het mooie is dat je er niet alleen voor staat" (The nice thing is you're not alone) (2013, with J. Sonneveld), Volunteering and Youth Services (2014, with L. Karr and L. Meijs) and "Groepswerk met jongeren in de wijk" (Group work with young people in the district) (2015, with J. Sonneveld).



## WORKHOPS

### Workshop 1

#### **The individualized intervention in the assistance of human trafficking victims (Intervenția individualizată în asistarea victimelor traficului de persoane)**

*Workshop Coordinator: Alexandra Mitroi, psychotherapist, ADPARE – the Association for the Development of Alternative Practices of Reintegration and Education.*

*Language: Romanian (with English translation, upon request)*

*Date and Time: Thursday, November 7th, 9:00-11:00*

#### **Workshop description**

The workshop offers a theoretical background on the dynamics of the human trafficking phenomenon, and discusses the interventions process for the protection of human trafficking victims while introducing concepts from the field of psychotraumatology, to foster a deeper understanding of the traumatic existence of the human trafficking survivor

#### *Workshop Objectives:*

- To acquaint participants with an individualized intervention approach in working with victims of trafficking in persons, based on needs assessment and the active involvement of the beneficiary in their own assistance programme (Case Management);
- To normalize the perception of professionals on working with clients/ beneficiaries described as multi-stress.

#### *Workshop content:*

- The provision of theoretical information on: the trafficking in persons phenomenon in Romania and at EU level – definition, vulnerability factors, dynamics, presenting Case Management as working model and of the multidisciplinary team of professionals; few elements of psychotraumatology and the involved psychological mechanisms;
- Viewing video materials created in the frame of trafficking in persons prevention campaigns (e.g. "Hopes for Sale", materials from The NO Project, etc.), discussions and questions session;
- The psychological assistance and role of the psychotherapist in the reintegration of trafficking victims;
- Presenting case studies and/ or facilitating role play simulations allowing participants to exercise establishing first secure contact with a trafficking victim and initial assistance needs assessment.

#### **About the trainer**

**Alexandra Mitroi** is a psychotherapist (Specialist Practitioner level) in Experiential Unification Psychotherapy focused on Adults – Children – Couples – Families; Assistant trainer, the SPER Institute; Psychotherapist (Autonomous Practitioner level) in Systemic Couples and Families approach (member of ICF, Iași, affiliated to EFTA); Collaborating Psychotherapist of ADPARE (the Association for the Development of Alternative Practices of Reintegration and Education).



## Workshop 2

### Arttherapy in Autistic Spectrum Disorders. Practical applications in High functioning Autism and Asperger Syndrome

*(Artterapia în tulburarea de spectru autist. Aplicații practice în terapia copiilor diagnosticați cu autism înalt funcțional și sindromul Asperger)*

*Workshop Coordinator:* **Naiana Vatavu**, PhD., psychotherapist, National University of Arts Bucharest, member of the Romanian Psychologists College, visual artist and member of the SPER Institute.

*Language:* Romanian (with English translation, upon request)

*Date and Time:* Thursday, November 7th, 9:00-11:00

#### Workshop description

The Arttherapy in ASD (Autistic Spectrum Disorders). Practical applications in High functioning Autism and Asperger Syndrome workshop is an invitation for discovering an eclectic method in ASD therapy. Discover how you can connect and blend expressive therapies with other ASD therapeutic techniques. Find out which arttherapeutic techniques can be used in order to enhance ASD childrens abilities of producing beautiful objects, objects that can make their creators to experience the feeling of mastery.

#### About the trainer

**Naiana Vatavu** is lecturer at the National University of Arts Bucharest, DPPD, psychologist, member of the Romanian Psychologists College, PhD., psychotherapist, visual artist and member of the SPER Institute. She also has a bachelor and a MD in fine arts from the National University of Arts. Naiana Vatavu has been working during the past 6 years with different foundations and institutions who address the needs of children with ASD and their families. She has experience in ABA therapy and arttherapy.



## Workshop 3

### The genogram: a social work assessment tool

*Workshop Coordinator: Kathrin Franziska Beck, University of Eastern Finland, Faculty of Social Sciences and Business Studies.*

*Language: English (with translation to Romanian, upon request)*

*Date and Time: Thursday, November 7th, 11:15- 13:15*

#### Workshop description

The genogram is an assessment tool that social workers use in the treatment of individuals and families and displays family information graphically. The use of genograms enables greater insight into historic events, such as births and deaths, and the impact these may be having on current relationships in families. During the workshop, each participant will construct a personal family genogram. After taking this workshop participants will be able to understand the benefits of genograms as well as to draw up and interpret a three-generation genogram using basic symbols.

#### About the trainer

**Kathrin Franziska Beck**, PhD Student, University of Eastern Finland, Faculty of Social Sciences and Business Studies. Kathrin Franziska Beck received her bachelor's and master's degree in social work at the Catholic University of Eichstätt-Ingolstadt in Germany and is a doctoral student at the Faculty of Social Sciences and Business Studies at the University of Eastern Finland in Kuopio. She did further training in the area of amok and targeted violence at schools at the Institute Psychology and Threat Management in Darmstadt and has been conducting lectures and workshops for several years at different German universities and international conferences. This workshop is geared for beginner genogram users and provides an opportunity to increase skills and confidence in using genograms and to learn ways of doing genograms. This workshop is interactive, provides the participants with theoretical information about genogram structures and symbols, and encourages the participants to draw their own genograms.



## Workshop 4

### Emotional abuse of the child in conflict divorce

### *(Abuzul emoțional asupra copilului în situații de divorț conflictual)*

*Workshop Coordinator:* **Geanina Cucu Ciuhan**, PhD., Professor of Psychology at the University of Pitesti and Assoc. Professor at the University of Bucharest, Faculty of Psychology.

*Language:* Romanian (with English translation, upon request)

*Date and Time:* Thursday, November 7th, 11:15- 13:15

#### Workshop description

##### **Objectives:**

1. To develop the knowledge and skills necessary for the social and psychological assistance of children in families in conflict situations of divorce.
2. Know the main ways and tools used in the social and psychological assessment of the child and family in divorce situations.
3. Develop an effective social and psychological intervention strategy in the best interests of the child.

*Methods:* PowerPoint presentation, application exercises, case studies.

##### **Main topics:**

1. Forms of psychological abuse on the child in situations of conflict divorce.
2. Strategies for identifying emotional abuse on the child. Sources of error.
3. Effects of psychological abuse on emotional and behavioral development of the child. Case studies.
4. Strategies of social and psychological intervention in the best interests of the child, adapted to situations of conflict divorce.

#### About the trainer

**Geanina Cucu Ciuhan**, Ph.D., is Professor of Psychology at the University of Pitesti, Romania, Faculty of Educational Sciences, Social Sciences and Psychology, and Associated Professor at the University of Bucharest, Faculty of Psychology and Educational Sciences, Department of Psychology. She teaches classes in the field of clinical psychological assessment and psychotherapy with children, adolescents, adults and couples. Dr. Geanina Cucu-Ciuhan is also a chartered psychotherapist and clinical psychologist in private practice, with main specializations in experiential-humanistic psychotherapy, emotion focused therapy and ericksonian approaches in hypnotherapy. She is member of the Romanian Board of Psychologists, Commission of Educational Psychology and Vocational Counseling. Her main interests' areas include: evidence-based research in child and adolescent clinical psychology and psychotherapy, emotion-focused therapy for individuals and couples, emotional disorders in children and trauma, neurodevelopmental disorders in children and adolescents.



## Workshop 5

### **Social work and Neurofeedback: Applications in working with drug users** *(Asistență socială și neurofeedback: Aplicații în lucrul cu persoanele consumatoare de droguri)*

*Workshop Coordinators:*

**Daniela Gaba**, PhD., Lecturer in Social Work, Faculty of Sociology and Social Work, University of Bucharest, Co-founder and Research and Development Program Coordinator, Neurofeedback Romania.

**Aida Ivan**, Psychotherapist, clinical psychologist, specialized in cognitive behavioural psychotherapy, clinical hypnosis and Ericksonian therapy, existential counseling, neurotherapist specialized in Neurofeedback therapy – Othmer method.

**Language:** Romanian (with English translation, upon request)

**Date and Time:** Thursday, November 7th, 11:15- 13:15

#### **Workshop description**

This workshop represents a brief introduction into the principles and theoretical foundations of Neurofeedback therapy, the Othmer method. The workshop is addressed to both social workers and other professionals from the psychosocial and human health fields, who work with people with neuropsychological disfunctions, in general, and with psychoactive substance addictions, especially. Neurofeedback is a non-invasive complementary therapy for training the self-regulating functions of the brain. With the help of specially designed non-invasive computer devices, certain parameters of brain activity are recorded, analysed and “communicated” back to the person through visual, auditory and / or tactile feedback, stimulating the self-regulation of the brain.

#### **Main topics:**

- Introduction in the theoretical foundations of neurofeedback.
- Specificities of neurofeedback therapy for psychoactive substance misuse.
- Current possibilities for integrating neurofeedback in social work practice.

#### **About the trainers**

**Daniela Gaba**, PhD is a Lecturer in social work and postdoctoral researcher at the Faculty of Sociology and Social Work, University of Bucharest, co-founder and Training, Research and Development Coordinator at Neurofeedback Romania. Daniela has worked with at-risk children, youth and elderly, persons from disadvantaged contexts, persons that misuse drugs, etc. Her research interests are in international social work, social work professionalisation, feminist social work, applications of neuropsychology in social work practice.

**Aida Ivan** is psychotherapist, clinical psychologist, specialized in cognitive behavioural psychotherapy, clinical hypnosis and Ericksonian therapy, existential counseling, neurotherapist specialized in Neurofeedback therapy – Othmer method. Since 2019, Aida is a trainer and research collaborator of Neurofeedback Romania.